

## Evaluation Report on Reusable Sanitary Pad Project

**Project Name:** Female Rights to access hygiene facilities

**Target:** 200 girl between the age of 13 – 17

**Location of the target group:** Alagollewa and Horowpothana (Anuradhapura District, North Central Province)

### Project Overview:

The Reusable Sanitary Pad Project aimed to provide menstrual hygiene solutions to girls in need. The project distributed reusable sanitary pads to 76 students in the target community. An evaluation was conducted to assess the impact of the project on the lives of the beneficiaries.

### Survey Results:

The survey consisted of 11 questions, and the responses from the 152 participants are summarized as follows:

#### 1. Frequency of Use:

Rarely: 20	Occasionally: 30
Frequently: 26	Always: 76

#### 2. Comfort Level:

Not comfortable at all: 10	Somewhat comfortable: 18
Comfortable: 98	Very comfortable: 16

#### 3. Cost Savings:

Not at all: 6	Somewhat: 40
Yes, significantly: 100	I don't know: 6

#### 4. Confidence at School:

Not at all: 6	Somewhat: 38
Yes, definitely: 94	I don't know: 14

#### 5. Effectiveness in Managing Hygiene:

Not at all: 6	Somewhat: 22
Yes, completely: 116	I don't know: 8

#### 6. Overall Quality:

Poor: 10	Fair: 28
Good: 108	Excellent: 6

#### 7. Likelihood to Recommend:

Not likely at all: 6	Somewhat likely: 8
Very likely: 124	I don't know: 14

#### 8. Influence on School Attendance:

Not at all: 14	Somewhat: 56
Yes, significantly: 70	I don't know: 12

9. Impact on Overall Well-being:

Not at all: 8	Somewhat: 46
Yes, definitely: 70	I don't know: 28

10. Difficulties or Challenges:

- 14 respondents mentioned that the reusable pads may leak on heavy flow days.
- 12 girls found it challenging to clean and maintain the reusable pads properly.
- 15 mentioned discomfort or irritation while wearing the reusable pads for extended periods.
- 10 faced challenges in finding a private and hygienic place to change and wash the pads, especially at school.

11. Additional Feedback and Suggestions:

- 13 girls suggested including a couple more pads in the pack to accommodate regular changes.
- 6 girls recommended conducting awareness campaigns to reduce stigma and promote the use of reusable pads.
- 17 respondents expressed gratitude for the initiative and encouraged its continuation and expansion to reach more girls in need.

**Conclusion:**

The Reusable Sanitary Pad Project has made a significant positive impact on the lives of the beneficiaries, as evidenced by the survey responses. Most girls reported using the pads frequently or always and found them comfortable. The project has also helped in cost savings, boosted confidence at school, and improved overall well-being for a majority of the participants.

However, the survey also highlighted some challenges, including issues related to heavy flow days, maintenance, comfort, and privacy concerns. To further enhance the project's effectiveness, it is recommended to consider the suggestions provided by the respondents, such as increasing the number of pads in the pack and conducting awareness campaigns.

Overall, the project has been successful in its mission to provide sustainable menstrual hygiene solutions to girls in need, and it is highly recommended to continue and expand this initiative to reach more beneficiaries.



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